

Entertainment &amp; Promotional Features



Swaraag Band

## Celebrating an evening of soulful musical fusion



Priyanka Kapuria

SWARAAG BAND  
PERFORMED A UNIQUE  
BLEND OF WESTERN  
AND CLASSICAL  
MUSIC ON STAGE

It was an epic night at Farzi Cafe, Aerocity as Swaraag, a Rajasthan folk fusion band's performance, a unique blend of Western and classical music, mesmerised and captured the hearts of music lovers. The band was the runner-up in the musical reality show, Rising Star 3 and has received appreciation from all around the world.

It was a packed house as the audience thronged to experience an evening of Sufi music, while enjoying Delhi winters over Farzi style food and drinks. Vishal Anand, partner, Farzi Cafe, Aerocity said, "Such performances are really special and we would continue to do so to enhance the overall guest experience." **HTC**



Vishal Anand



Supriya Sardana and Meenu Jain

## Revel in the royal festivities

Organic Farm  
experience at  
Aila Fort  
Bishangarh

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(Above) Accommodation at  
Royal Heritage Suite;  
(Right) Pool at the property

## Food restrictions might trigger loneliness

People with restricted diets due to allergies, health issues or religious or cultural norms are more likely to feel left out suggests a new study. "Despite being physically present with others, having a food restriction leaves people feeling left out because they are not able to take part in bonding over the meal," says Kaitlin Woolley who is an assistant professor of marketing in the Samuel Curtis Johnson Graduate School of Management. For example, in one experiment, assigning unrestricted individuals to experience a food restriction increased reported feelings of



PHOTO: SHUTTERSTOCK

loneliness. The study concluded that food restrictions and loneliness are on the rise warranting further research. "This is a problem that I don't think people are quite aware of," she said. **ANI**



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